



Lifelong

119 W. Court Street

Ithaca, New York 14850

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online: tclifelong.org

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Northside-Southside Newsletter

March 2010



Intergenerational Game Time every Friday from 3-4:30pm: Come and enjoy the fun with different generations playing games like Scrabble, Whist, Sequence, Card games, and others.

Tuesday March 9th 12noon-1:45 Lunch: Destination this time will be Chili's on Meadow St in Ithaca. Come join us for lunch and laughs.

Thursday March 11th 12noon- 1:00pm Book Club: Come join the Book Club for a time of sharing lively and thought provoking conversation and discussion. This month is "Everything Tut" presented by Marie Hall and Carolyn Miller.

Tuesday March 16th 10am – 1:45pm Shopping at the Mall: Come out and enjoy the company of like-minded friends and check out all the specials and sales in the various shops.


Tuesday March 23rd 2:30-4:30pm is NSSS Game-time at Lifelong: Come and enjoy the company and snacks as we play Scrabble, Bid Whist, Sequence, and many other games. Everyone is welcome.

Thursday March 25th 1:30PM-4:30PM Marie Hall –Northside Southside Sponsored AAMA #1-The Women of Brewster Place **Free -**, Directed by Donna Deitch, starring Oprah Winfrey as "Mattie Michael", Cicely Tyson as "Miss Browne" and Moses Gunn as "Ben". Based on the novel by Gloria Naylor, in which a group of strong-willed women who live in the same rundown housing project located on Brewster Place, and tells about their lives as they struggle against racism, poverty and troublesome men through three decades.

Monday March 29th 1PM-4PM Presenting King Tut-, Carolyn Miller This presentation is an overview of what one should expect to see when going on the Northside Southside sponsored trip to the King Tut exhibit in New York City, scheduled to take place on May 24, 2010

Funding for this program is provided in part through partnership with the Tompkins County Office for the Aging. If you're interested in signing up for any of these events call Marie Hall, Program Coordinator at Lifelong at 607-273-1511. Lifelong is located at 119 W. Court Street, Ithaca, NY (just 2 blocks east of GIAC)

MARCH 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Lifelong 119 W. Court St. Ithaca, NY 14850 (607) 273-1511</p>	1	<p>2 Gathering</p> 	3	<p>4 Marie's Birthday</p> 	<p>5 World Day of Prayer</p> 	<p>6 US Snowshoe Day</p> 
<p>7 Academy Awards</p> 	<p>8 International Women's Day</p> 	<p>9 Lunch</p> 	<p>10 Dream 2010 Day</p> 	<p>11 Book Club</p> 	<p>12 Girl Scout Day</p> 	<p>13 Ear muffs Day</p> 
<p>14 Daylight Savings Time</p> 	<p>15 Ides of March</p> 	<p>16 Shopping</p> 	<p>17 Ash Wednesday</p> 	18	<p>19 Chocolate Caramels Day</p> 	<p>20 Spring Begins</p> 
<p>21 World's Down Syndrome Day</p> 	<p>22 Goof Off Day</p> 	23	<p>24 Chocolate Covered Raisin Day</p> 	<p>25 Movie 1:30-4:30</p> 	<p>26 Make up Your own Holiday Day</p>	<p>27 Earth Hour</p> 
<p>28 Palm Sunday</p> 	<p>29 Tut Presentation</p> 	<p>30 Passover</p> 	<p>31 Bunsen Burner Day</p> 	<p>Aquarius -- February 17 – March 13; Pisces-- March 13–April 20</p>		

Tax Season is still going on until April 10, 2010

Free electronic filing is available
This year by appointment only!!

Call 273-1511 to schedule an appointment

Thursdays 12:00 pm to 6: pm
Fridays 9:00 am to 1:00 pm
Saturdays 9:00 am to 1:00 pm

Lifelong
119 West Court Street
Ithaca, NY

My Medicare Matters Navigator -FREE

Thursday, 4/22, 1PM – 2PM, Sarah Jane Blake (1-session)

This hands-on workshop developed by the National Council on Aging explores 5 web sites that provide understandable, reliable, and accurate sources of information: Medicare beneficiaries, their families, caregivers, community members—anyone who wants to tap into resources for learning about the important components of the Medicare program will benefit from navigating through these sites. Take on the task of finding the answer to that nagging Medicare question you've been thinking about. Sign up for My Medicare Matters Navigator.

Story Circle

Tuesdays, 3/30-4/27, 1PM-3PM, Wayne O'Brien (4-sessions) –No class 4/6

Story Telling is one of the wonderful ways humans connect with each other. In this class we will continue to develop this tradition with more stories to tell and fun to be enjoyed. Those who chose to return, as well as new folks, will find new meaning in old tales from their past, present and future. Join us for a fun filled two hours of relationship building



119 West Court Street
Ithaca, New York 14850-4144
(607) 273-1511

CHANGE SERVICE REQUESTED
Lifelong

Non-Profit
Organization
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Permit #375
Ithaca, NY

Presenting King Tut –Northside Southside Sponsored
Monday, 3/29, 1PM-4PM, Carolyn Miller

This presentation is an overview of what one should expect to see when going on the **Northside Southside sponsored trip to the King Tut exhibit in New York City, scheduled to take place on May 24, 2010** (for more details on this trip contact Marie Hall, Northside Southside Coordinator at (607-273-1511). Whether they are going on this trip or not, all are welcome to come enjoy this informational presentation.

MAY 24, 2010 LIFELONG AND THE NORTHSIDE-SOUTHSIDE GROUP PRESENTS
“Tutankhamun and the Golden Age of the Pharaohs”

At the Discovery Times Square
Exposition facility, located in the former

Call
Lifelong at
273-1511 for
more details

New York
Times Building.

Cost will be **110.00** for Lifelong members
115.00 for non- members
Payment in-full due by
March 31, 2010

25.00
deposit
required at
sign-up